 # 7 Self-Discovery Attachment

Critical Incident Review

Using your own social group membership profile as a reference, describe your responses to each statement. As you complete this worksheet, you are encouraged to think through and choose a variety of different social memberships in which you are a member. Write a minimum of 75 words for each. You must follow these directions and address each question separately or there will be penalties.

1. Describe the first time you were aware that membership in a social group can affect the way one is treated. How did you react to this realization?

2. Describe a time you became aware that your membership in one of your own social groups gave you privileges not enjoyed by members of other social groups. What was your reaction?

3. Describe a time you became aware that your membership in one of your social groups meant that you were denied privileges, disadvantaged or targeted by others. How have you dealt with this?

(Adapted from: Teaching for Diversity and Social Justice, 3rd Edition, Routledge, 2016)

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4. Discuss a time one of your advantaged identities buffered the effects of one of your targeted / disadvantaged identities.

5. Describe a time you can recall going along with the oppression of a member(s) of a targeted group that you are not a part of. Now that you look back on this incident, consider why this happened. What could you have done differently?

6. Describe a time you can recall supporting or going along with oppressive behavior directed at a member(s) of one of your own targeted social groups. Why did this occur? How could you have dealt with this differently?

7. Describe a time you can remember feeling proud and nurtured by members of one of your own social identity groups.

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